

LONG4LIFE LIMITED
(Incorporated in the Republic of South Africa)
(Registration number 2016/216015/06)
Share code: L4L ISIN: ZAE000243119
("Long4Life" or "the Company")

ACCEPTANCE OF FORFEITABLE SHARES IN TERMS OF THE LONG4LIFE FORFEITABLE SHARE PLAN ("FSP")

In compliance with paragraphs 3.63 to 3.74 of the Listings Requirements of the JSE Limited, notification is hereby given that the following directors of major subsidiaries of the Company have been awarded and have accepted forfeitable share awards in terms of the Long4Life FSP.

The forfeitable share awards ("Awards") are subject to retention and performance conditions and vest in accordance with the rules of the FSP.

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|------------------------|---|
| Name of director: | B Moritz |
| Company: | Holdsport Proprietary Limited |
| Nature of transaction: | Award and acceptance of 700 000 Long4Life shares in terms of and subject to the rules of the Long4Life FSP for no consideration |
| Date of transaction: | 21 October 2021 |
| Class: | Ordinary shares |
| Deemed market value: | R3 570 000 (based on the indicative value/ closing share price of R5.10 per Long4Life share) |
| Nature of interest: | Direct beneficial |
| Name of director: | J Steyn |
| Company: | Chill Holdings Proprietary Limited |
| Nature of transaction: | Award and acceptance of 400 000 Long4Life shares in terms of and subject to the rules of the Long4Life FSP for no consideration |
| Date of transaction: | 21 October 2021 |
| Class: | Ordinary shares |
| Deemed market value: | R2 040 000 (based on the indicative value/ closing share price of R5.10 per Long4Life share) |
| Nature of interest: | Direct beneficial |

The abovementioned transactions are off-market transactions and the pre-requisite clearances were obtained.

Johannesburg
22 October 2021

Sponsor: The Standard Bank of South Africa Limited