

LONG4LIFE LIMITED
(Incorporated in the Republic of South Africa)
(Registration number 2016/216015/06)
Share code: L4L ISIN: ZAE000243119
("Long4Life" or "the Company" or "the Group")

DIRECTOR'S DEALINGS IN SECURITIES

An executive director has exercised his rights in terms of the group's Conditional Share Plan (CSP). The remuneration committee has elected to cash settle the awards which vested as provided for in the CSP rules.

Executive Director:	Mr B Joffe
Date of cash settlement:	9 April 2021
Number of Long4Life shares accrued in terms of CSP awards:	393 750
Market value of award :	R1 464 750
Deemed value per award:	R3,72
Class of shares:	Ordinary shares
Nature of transaction:	Off market vesting of CSP awards and the election by Mr Joffe on 1 April 2021 to receive such vested awards by way of a cash settlement.
Nature of interest:	Direct beneficial

Clearance in terms of paragraph 3.66 was obtained from the chairman of the Remuneration Committee.

Johannesburg

9 April 2021

Sponsor: The Standard Bank of South Africa Limited